



### Member Login

- 1 Visit [www.cna-trust.ca](http://www.cna-trust.ca)
- 2 Hover over "Login", click "Register"
- 3 Complete the registration form and click complete your profile.
- 4 Note down your log in information, you will be given access in 1 - 2 business days.



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- No job too big or too small.
- You dream, we create.
- Business cards
- Flyers/posters
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- Logo
- Annual reports



[www.KenTem.ca](http://www.KenTem.ca)  
250-378-1864

## LANGUAGE & CULTURE MÓQWIX

October marks the return of our language and culture conference, this time in its new form, called the Language & Culture móqwix / mo-qw-eehx / gathering. The móqwix will take place from October 27-29, 2023 at NVIT's Merritt campus, and will feature storytellers, knowledge keepers, Elders, and speakers sharing information and stories on traditional tool making, traditional games, early years language immersion, language nests, drum making, and much more.

Ecko Aleck from Sacred Matriarch Creative will be the emcee and keynote speaker, with Nlaka'pamux ancestral skin marker Dion Kaszas and sociocultural anthropologist Sarah C. Moritz also presenting on their vital language work.

Those who pre-register for the móqwix will be entered for a chance to win a smoker. For more information, or to register, contact the nte?kepmxcin department at [language@cna-trust.ca](mailto:language@cna-trust.ca) or call the office at 250-378-1864.

**?es kiyestem he nqw'incutn kt (esh keeya-shtem ha n-qwine-choot-n kt) / we are putting our language first**

## ANNUAL CNA MEETING HELD

The 2023 CNA Annual Meeting took place at the Cook's Ferry Band gymnasium, and saw more than 30 CNA members gather to discuss CNA's growth, priorities, ongoing initiatives, and to look ahead to the future. CNA leadership and each CNA department gave a presentation on their operations while answering questions from attendees. The day included lunch, door prizes, and plenty of connection between members and staff.

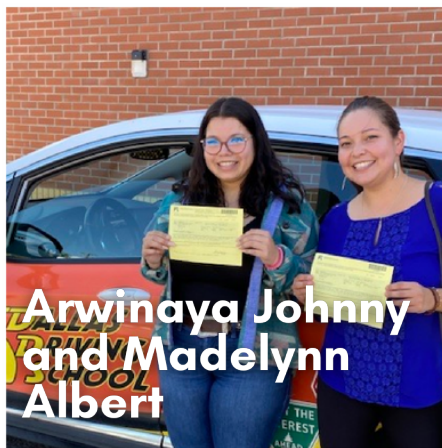
Members were also invited to share their feedback on CNA's new draft strategic plan, which will ensure that future priorities and initiatives continue to align with participating bands' and members' wants and needs. Keep an eye on our social media and website for future community engagement events, and for our upcoming strategic plan.

## TRUTH AND RECONCILIATION DESIGN



"The design I've created shows the nte?kepmx territory surrounding a family of three. Each community in the nte?kepmx territory including this family of a mother, a father and their young daughter are reuniting after many long nights of loneliness. The schools finally came to an end and families like this one began their journey together in truth and reconciliation."  
-- Phoenix Aspinall, Nooaitch

## SEPTEMBER TRAINING SUCCESSSES



## POWER SAW OPERATOR

MERRITT, BC

October 4th & 5th

Two-day in person training in Merritt. Hiking boots or steel toe boots required.

**Sponsorship available for CNA members.**

## LEVEL ONE FIRST AID

NVIT

MERRITT, BC

October 20th

One-day in person Occupational First Aid - Level 1 (OFA1) course at the Nicola Valley Institute of Technology's Merritt campus. **Sponsorship available for CNA members.**

To register for either course: CNA Employment & Training 250-378-1864  
[ldavidson@cna-trust.ca](mailto:ldavidson@cna-trust.ca)

## DRIVING LESSON DATES

MERRITT, BC

October 17th & 19th



To book your lesson contact: CNA Employment & Training 250-378-1864  
[administration@cna-trust.ca](mailto:administration@cna-trust.ca)

### September success:

- Madelynn Albert**, CNA staff (Class 5)
- Arwinaya Johnny**, CNA staff (Class 5)

## EMPLOYMENT AND TRAINING

The employment and training department can assist with:

- Job & Training Opportunities
- Job Retention Support
- Job Coaching & Career Planning
- Job Search Support
- Interview Preparation Support
- Teck HVC Online Application Support
- Teck HVC Hiring Process Support
- Tutoring Support
- Driver's License Support
- Grade 12 Diploma Bursaries from 2011 to Present Academic Year
- Post-Secondary Diploma Bursaries from 2011 to Present Academic Year
- Post Secondary Certificate
- Red Seal Bursary from 2011 to Present Academic Year
- Bursary for Level 1, 2, 3, 4 Trade Certificate

**We can help you build your resume!**



CNA staff gathered to mark the National Day for Truth and Reconciliation before attending the ceremonial fire at NVIT.

## LAHAL TOURNAMENT AND FEAST

Salpix (aal-pihh) stick games

**NOVEMBER 18 - LOCATION TBA**

CONTACT INFORMATION:  
**SHANNON BOYCE**  
(250)378-1864  
[PROGRAMS@CNA-TRUST.CA](mailto:PROGRAMS@CNA-TRUST.CA)

## LANGUAGE & CULTURE CONFERENCE 2023



**PRE-REGISTER FOR A CHANCE TO WIN A SMOKER!**

Scan the QR code above to pre-register for our Language and Culture móqwix (mo-qw-eehx) at NVIT from Oct. 27-29.

**ECKO ALECK**  
Keynote Speaker and Emcee



xwuy kn ?es xwi?m tk \_\_\_\_\_ (pick a variety of mushroom or kéce?) / translation: I am going to look for \_\_\_\_\_.

řex kw n Hello! řex kw n řut ř nk'upřř How are you my dear? řex kn řut ř I am well řter řer řk'wřř What is your name? řsk'wřř (n-shkweshř) My name is

# OFFICE CLOSURES

**Monday, October 2nd**

Reopen Tuesday, Oct 3rd

**Monday, October 9th**

Reopen Tuesday, Oct 10th

## BURSARIES

Check out our bursaries at:  
[employment.cna-trust.ca/bursaries](http://employment.cna-trust.ca/bursaries)

**September recipients:**

**Keisha Henry** (High School)

**Jody John** (1 year post-secondary)

**Christeena Clark** (High School and 1 year post-secondary)

**Deloris Charters** (1 year and 2 year post-secondary)

**Jessica Pinkney-Gregg** (1 year post-secondary)



(za-hah) white-tailed deer



(nkey-key-xh-kine) shaggy mane

## CNA MEMBER SURVEY

The CNA wants to hear from our members regarding the location of next year's Indigenous Peoples Day event. Take the survey under **'Featured News & Events'** on our website's home page.

## WE ARE HIRING

PERMANENT FULL-TIME POSITIONS!

Check out our website to view all postings:



Check back regularly for more opportunities!

Email your resume and cover letter to:

[hrcna-trust.ca](mailto:hrcna-trust.ca)

Please call if you have any questions:

**(250) 378-1864**

**BENEFITS & PENSION!**

# SISKA FISH CAMP 2023

As we approached Siska, the sky was filling with ominous smoke, it had been just our luck that the Kookipi fire decided to flare up on the weekend that we planned to host the first CNA Fish Camp since the coronavirus of 2020. We worked closely with Siska administration and adapted to hold our workshops indoors of the Community Hall. We had an opening prayer and fish demonstration with Chief Fred Sampson of Siska Indian Band, along with workshops from our Territorial Stewardship Department in which people got to try out water sampling, with water obtained from the Fraser River. We had our nte?képmx Guardians assist members with learning to make their very own fishing spears; if they ever found themselves in a pinch without a rod or net. We also had Smoked Fish Champion Jodi Campbell of Boston Bar First Nation demonstrate how to prepare fish for smoking. We also hosted a canning session that walked our members through safe and effective ways to can fish with a pressure canner. Although the smoke kept a lot of people away, we did manage to get lots of footage to create some amazing resources with the help from Jeremy Williams of River Voices Productions. Keep an eye out for some videos coming from this event and thanks to all those who joined us!

## TROJAN TAILINGS STORAGE FACILITY WORKSHOP: PART TWO

On September 12 and 13 the Territorial Stewardship Department (TSD) and members from the eight participating bands attended the second Trojan Tailings Storage Facility Workshop hosted by Teck Highland Valley Copper (HVC). This was phase two in a five-step engagement process. The purpose of the workshops is to identify what community members future visions and goals are for the Trojan area.

The Trojan area was reclaimed in the early 2000's but HVC is looking to improve on the previous reclamation and follow newer global standards. In the workshop community members discussed what their ideal future would look like for Trojan. Teck consultants will take the information from communities back and will provide a report with several of the recommended reclamation plans; then bands and HVC will work out a process for choosing one of the final designs.

If you would like to participate in future workshops like this, please contact Rachel Riley at [rriley@cna-trust.ca](mailto:rriley@cna-trust.ca). Your input is important to ensuring the future mine site meets the needs of the Nlaka'pamux people.

## WITCHES BROOK ECOLOGICAL STRATEGY



HVC is collaborating with the CNA to look at different ecological restoration strategies that will provide ecological benefits to the Witches Brook watershed. Witches Brook is a stream that flows from the HVC mine site into Guichon Creek which has been impacted due to a significant loss of flow. CNA technical staff and Chief Christine Walkem, Chief of Cook's Ferry Indian Band and Chair of CNA Board of Directors attended a field visit on September 27 with HVC to view 3 potential sites and discuss some high-level options for restoration. The Territorial Stewardship Department will now be coordinating visits to the sites with members of our two community working groups, the Honourary Guardians Advisory Committee and the 2040 Community Working Group, to discuss potential projects for water retention and improvement to Witches Brook.

# GUARDIANS MONTHLY PHOTO CONTEST

How to enter:

- Submit photos from our Survival Series, and/or
- Submit photos you take when you are on the land.



Every monthly winner will have their photo included in our 2024 calendar.

*\*Please note: photos from Guardians hikes will be prioritized when developing our calendar.*

For more information on submitting a photo, contact Chale Boyce at [cboyce@cna-trust.ca](mailto:cboyce@cna-trust.ca), or call 250-378-1864.

## OCTOBER CU'ÉKSTM

Storytelling has become cu'ékstm (choon-eksh-tm) / teach someone something, taking place twice monthly. CNA staff or storytellers and knowledge keepers from the Nation will lead attendees in an activity. The dates for cu'ékstm this month are **October 17 + 31**.

For more information, contact [language@cna-trust.ca](mailto:language@cna-trust.ca) or call 250-378-1864.



(shmoom-tm) blue grouse

## HARVESTING DAYS

Dates will be decided on short notice as plants become ready for harvesting.

For more information please contact [programsecna-trust.ca](mailto:programsecna-trust.ca).



Scan this QR code to check out our online **EVENT CALENDAR** and see our full list of upcoming events!



Did you know the CNA has Soundcloud?

Over 100 tracks of elders speaking & telling stories in nte?képmxcín.

## FOLLOW US!



9203

Followers

529

Subscribers

440

Followers

2500

Followers

173

Followers

7e ws zai?zo?w? he ngw'ncutit? x?w?y? kiyekstem 7ey? 7e us we?e tete?e k sa?w?zo?w?s he snehe? us Our language is important, we must keep it to the front. te qaqermin 7esptekw?xtis 7ex The old people told us stories