



Community



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- Flyers/posters
- Website Design
- Letterhead
- Logo
- Annual reports

www.KenTem.ca
250-378-1864

Truth and Reconciliation Orange Shirts



To register for t-shirts please call our office at (250) 378-1864

Truth and Reconciliation

Sharing Circle



Member Login

- 1 Visit www.cna-trust.ca
- 2 Hover over "Login", click "Register"
- 3 Complete the registration form and click complete your profile.
- 4 Note down your log in information, you will be given access in 1 - 2 business days.

Truth and Reconciliation Orange Shirts

For my design I chose to use the Tree of Life as a symbol of our personal development, uniqueness and individual beauty. As the tree's branches strengthen and grow, we too grow stronger. The leaves shown as hands represent all children are important including the ones left behind and the adults who are still healing from trauma of the Indian residential schools.

- Phoenix Aspinall, Naamith



Territorial Stewardship

Territorial Stewardship Summer Student Highlights from Amy Manuel

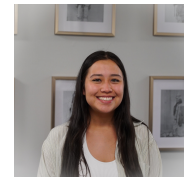
Hello everyone! My name is Amy Manuel and I spent my summer working for CNA's Territorial Stewardship Department. I would like to share some of my summer highlights.

My first highlight is when the Territorial Stewardship Department held some in-community days for our Nlaka'pamux Legacy Project. We had a full day of painting, food and assisting members with our Legacy Project surveys. It was awesome to get out into the communities, meet the members, hear their stories and overall get to know each community on a deeper level.

Throughout the summer I also had multiple opportunities to meet, listen to, and chat with the CNA Board members, and members of our Community Working and Stewardship Groups. I loved getting to hear their thoughts, ideas and feedback and found it a great learning experience.

My next highlight is some field work I took part in. I participated in some cultural heritage work where we looked for, and identified things like culturally modified trees, lithics and more. I also did some work at Highland Valley Copper, looking at the health of riparian zones on Witches Brook, which flows down to Guichon Creek on the eastern side of the mine site. At HVC, I also did some reclamation assessment work where we looked at vegetation health in reclaimed areas of the mine site.

That brings us to the end of my summer highlights. I got to see some pretty views, meet some wonderful people, and learn more about my culture and my field. Thanks everyone for a great summer!



This was Amy's second year working with the Territorial Stewardship Department and she's returning to the University of British Columbia this fall for the third year of her Environmental Sciences degree. Thanks for all your hard work and best of luck with third year Amy!

SALMON FISHING SEEKING VOLUNTEERS



We are excited to announce that the NLX Guardians and CNA staff will be fishing for all members of the CNA! We are hoping to secure volunteers throughout our time at the Fraser River, where we will be harvesting and processing salmon.

Please let us know as soon as possible if you are available to volunteer your time at the river! We will be at Siska Indian Band fishing for the next few weeks.

If you are interested:

Phone : 250-378-1864

Email : reception@cna-trust.ca



Simon Mercree

Delores Jules

Ryleigh Campbell

Joe Aspinall

Vernita Helin

Brandi O'Flynn

Savannah Joe

Carlos Olguin-Peterson

Ce'xw' mixe

(cheke'Gawng'at'at'he You!

Dan George

Clay Munro

Barb Campbell

Rob Ranzan

Jack Grafinger

Roy O'handley

Steve Florence

Derrick Jackson

Miranda Sam

Tristen Andrew

Rod Andrew

Cole Grafinger

CHECK OUT THESE NĒ?KEPMXCÍN RESOURCES!

CNA WEBSITE



CNA SOUND CLOUD

FIRST VOICES



WE HAVE AN ABUNDANCE OF... SALMON EGGS & HEADS

If you are **an elder** from one of our 8 Participating Bands and would like salmon eggs or heads, please contact us at:
Phone: 250-378-1864
Email: RECEPTION@cna-trust.ca

The Citxw Nlaka'pamux Assembly staff were privileged to spend the week, and much of the weekend, at q'wu?úy (Fraser River) fishing for the elders of our 8 communities!

LITTLE DOUGLAS LAKE TRAIL HIKE

When: September 18th, 2022
Time: 9:00 AM to 3:00 PM
To register email: programs@cna-trust.ca
or aswayze@cna-trust.ca

RIVER CLEANUP

On Tuesday, August 9, 2022. The NLX Guardians saw a post about garbage left in the Coldwater River and on the riverbanks. Quickly, the Guardians and the CNA summer students made their way to the river to clean it up. 80-pounds of garbage was collected in the river and along the riverbank. k'wuk'wscémx'w to Moon Shadows RV Campground for allowing us access through their property. And the landfill, for allowing us to dispose of the garbage, free of charge. Change starts with us. We are visitors to the land and water. And we need to respect that. hu'met

Language

Storytelling

NOW ON WEDNESDAYS
ZOOM ONLY
5:00 PM-7:00 PM (Pacific Time)

English / nte?kepmxcin with: Storytellers / Knowledge keepers from the Nation

Join Zoom Meeting
<https://zoom.us/j/5648654935>
Meeting ID: 564 865 4935

Tea Time

EVERY OTHER THURSDAY

Sept. 15, 2022: CNA
Sept. 29, 2022: NLX Health

In-Person & Online

Come visit one another and the wonderful staff!
NLX Health: 2088 Quilchena Ave Merritt, BC
CNA: 2025-Unit A, Granite Ave Merritt, BC

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x'wúy xeytem ?e k skanteys
c?eył n?eye tk siłqł
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te skewstis tekm te kist
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hu'met

-nte?kepmxcin Creation Prayer by
čalamancut (Jim Toodlican)

Programs

ALL MEMBERS STORYTELLING CONTEST

CUTOFF DATE EXTENDED!

Share your hunting, fishing or harvesting story for your chance to win!

Only 2 requirements, you must be a CNA Member and it must be a story about being on the land.

- 1st prize - Convection Oven
- 2nd Prize - Food Processor
- 3rd Prize - Leatherman Multi-tool

Cutoff Date: October 1st 2022

Draw Date: October 15th 2022

Call our office or email programs@cna-trust.ca

Employment & Training

WE ARE HIRING!

PERMANENT FULL-TIME POSITIONS:

- Community Engagement Coordinators (community based positions):
Ashcroft
Coldwater
Cook's Ferry
Nicomen
Siska
- Language Transcriber (4 Positions)
- Senior Technical Coordinator
- Technical Coordinator
- K'en T'em General Manager
- K'en T'em Printing and Marketing Specialist

Email your resume and cover letter to:

hrecna-trust.ca

Check out our website to view all postings:

www.employment.cna-trust.ca

Please call if you have any questions:
(250) 378-1864

BENEFITS & PENSION!

NLX Guardians

SMOKED SALMON CONTEST

Cutoff Date Extended to September 16th!

ELDER'S SURVEY

The Citxw Nlaka'pamux Assembly has developed a form for our elders to be registered on our *Elders Registry*.

The information gathered will assist with our efforts for food sustainability among other community events and elder related initiatives.

<https://forms.office.com/r/8AeFsLKFev>

If you need help completing this form please call our office:

PHONE:
(250) 378-1864

DRUM GROUP

**September 29th
5:00 PM - 7:00 PM**

Coldwater Band Hall

Same time and place as the tailgate party!

BACK TO SCHOOL COLOURING CONTEST

Come by our office or download the coloring pages from our websites home page! Each returned piece will be awarded school supplies!



FOOD SAFE COURSE

Kamloops, BC

September 10
September 26

8:45 AM - 5:00 PM

To book your lesson contact:
CNA Employment & Training
250-378-1864
administration@cna-trust.ca

DRIVING LESSON DATES

Merritt, BC

September 27
October 18

ASHCROFT, BC

September 13
November 1

To book your lesson contact:
CNA Employment & Training
250-378-1864
administration@cna-trust.ca

